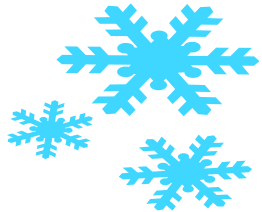






COLD SPRING HARBOR JR/SR HIGH SCHOOL

DECEMBER 2019

<p>AVAILABLE DAILY: \$3.25 SERVED AS COMPLETE MEALS GRAB AND GO SANDWICHES BOAR'S HEAD BRAND M - W - F FRESH ASSORTED PIZZA T - TH HAMBURGERS AND CHICKEN CUTLET SANDWICHES SALAD BAR AND MADE TO ORDER DELI BAR AVAILABLE DAILY HEALTHY SNACK SELECTION CHOOSE SENSIBLY</p>	<p>BREAKFAST AVAILABLE DAILY \$1.90 7:25- 9:00 INCLUDES MILK, JUICE AND FRUIT AVAILABLE DAILY - BAGELS AND CEREAL MONDAY & WEDNESDAY & FRIDAYS FRENCH TOAST STICKS TUESDAY & THURSDAY -EGG SANDWICH BREAKFAST IS AN IMPORTANT START TO EVERY DAY</p> <div style="text-align: center;">  </div>	<p>SERVED DAILY MILK CHOICES: 8oz WHITE SKIM or 1%, CHOCOLATE 1% 100% FRUIT JUICE - 4oz APPLE, ORANGE FRESH FRUIT BOWL CHILLED CUPPED FRUIT VEGETABLE CHOICES BABY CARROTS FRESH GREEN SALAD WE OFFER WHOLE GRAIN BREADS</p>
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 CHICKEN TENDERS POTATO PUFFS GREEN BEANS ORANGE MILK VARIETY	3 FRENCH TOAST STICKS SAUSAGE BACON HASH BROWN PATTIES MAPLE SYRUP CUP BANANA MILK VARIETY	4 MEATBALLS WITH SPAGHETTI SAUCE AND PASTA TEXAS TOAST GARDEN SALAD APPLESAUCE MILK VARIETY	5 RAINBOW GRILLED CHEESE CHICKEN NOODLE SOUP BABY CARROTS FRESH APPLES MILK VARIETY	6 SPICY CHICKEN WRAP ONION RINGS TOSSED SALAD RED GRAPES MILK VARIETY
9 POPCORN CHICKEN MASHED POTATOES SWEET CORN APPLES MILK VARIETY	10 TURKEY NACHOS GRANDE SHREDDED CHEDDAR VEGETABLE RICE CINNAMON PEARS MILK VARIETY	11 BRIOCHE BUN ROAST BEEF MOZZARELLA CHEESE OVEN BAKED FRIES APPLESauce MILK VARIETY	12 FRENCH BREAD PIZZA MARINARA SAUCE MIXED GREEN SALAD PINEAPPLE CHUNKS MILK VARIETY	13 CHICKEN GYRO TOMATOES & ONIONS POTATO PUFFS PEACHES MILK VARIETY
16 CHICKEN WINGS RICE PILAF TOSSED SALAD MIXED FRUIT MILK VARIETY	17 PORK RIB SANDWICH BAKERY ROLL CURLY FIRES PEACHES MILK VARIETY	18 HOT DOGS SAUERKRAUT VEGETARIAN BEANS POTATO SALAD FRESH FRUIT APPLE MILK VARIETY	19 HERB AND GARLIC ROASTED CHICKEN ROASTED POTATOES SAUTEED SPINACH DINNER ROLL PEARS MILK VARIETY	20 SAUSAGE & PEPPER HERO STEAMED BROCOLLI GARDEN SALAD APPLE SLICES MILK VARIETY
23 WINTER RECESS	24 	25 	26 	27 WINTER RECESS
30 HAVE A HAPPY AND HEALTHY NEW YEAR	31 	BEEF (B) CHICKEN (C) TURKEY (T) PORK (P) OFFICE OF FOOD AND NUTRITION GERRI TIGER SCHOOL LUNCH MGR 367-6970		ON LINE PAYMENT SEE DISTRICT WEBSITE FOR FULL DIRECTIONS www.myschoolbucks.com QUESTIONS?? CALL THE LUNCH OFFICE 631-367-6970

