



# Goosehill Primary School

Weekly Notes-February 3, 2017



Dear Parents,

One of our District Parent Groups (SEPTA) is sponsoring an important workshop for parents on Tuesday at 9:30 here at Goosehill. The topic is **Executive Function Skills—Ways to Help Your Child Succeed in the Classroom**. It promises to be an interesting and informative presentation. If you would like to attend, please **RSVP today by emailing [cshsepta@yahoo.com](mailto:cshsepta@yahoo.com)**.

Executive function skills are important life skills! They involve one's ability to plan, focus attention, remember instructions, organize materials, control responses, and juggle multiple tasks successfully. These brain functions can be compared to the job of an air traffic controller. An air traffic controller has to manage arrivals and departures on multiple runways while being able to filter out distractions, prioritize, manage lots of information, and control his/her own impulses. (Sounds a little like parenting! 😊)

Examples of executive function skills in the school setting include remembering to raise one's hand rather than blurting out an answer in class, being able to retain and follow through on a task that involves multiple steps, organizing one's materials, and persevering even when the work is challenging. It also involves the ability to take *metamoments*---calming oneself to avoid acting out in anger or frustration.

Young children can develop these skills with the ongoing modeling and support of adults. Our teachers teach their students to set goals, plan and strategize to solve problems, gather and organize materials, pay attention to details, tune out distractions, and control their responses. You can support your child's ability to do these things at home too. Here are some ideas:

- Give your child multi-step instructions. Start with two steps and increase to more as s/he becomes more able. (e.g. "*Put your backpack in the kitchen, get your pajamas on, and then choose a book.*")
- Involve your child in planning and making decisions about things such as what to pack for lunch or what to wear to school. Look at the school menu together and talk about the choices. If lunch will be packed, plan the "menu" together. When planning an outfit for the next day, allow your child to make simple choices from a set of options you are prepared to accept. Talk about the consequences of each choice. (e.g. "*If you choose to wear shorts, you may be cold at recess.*")
- Teach your child to take responsibility for simple household chores, such as setting and clearing the table and putting away his/her toys.
- Give your child time for imaginative play and help him/her act out problems and scenarios. Imaginative play involves planning, experimenting, building, and problem-solving. Through play, children can also express feelings and learn to respond to the actions and feelings of others.
- Keep your child active. Physical activity and sports increase body awareness and control. Think about the planning and strategizing it takes to climb a tree! Sports activities help children learn and remember rules, follow instructions, and give them opportunities to control their emotions.

I am sure you will learn much more at Tuesday's workshop. I hope to see you there!

Warm regards,

Lynn Herschlein



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(notices you can access at our website and read/print from home)

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### Important Dates

**February 7-** SEPTA Presents—Executive Functioning Unwrapped 9:30 a.m. at Goosehill

**February 8 -** GPFA Meeting- Our Occupational Therapist, Mrs. Lawson, will speak about fine motor skill development/handwriting, children’s sensory needs, and ways to support your children at home.

**February 16-** Kindergarten **100<sup>th</sup> Day Concert 9:30 a.m.**

**February 20-24-** Mid-Winter Recess



### Pokémon Cards

We certainly appreciate children’s interests and passions for collecting cards and toys! We understand that they may enjoy bringing items to school to show to their friends. However, problems arise when treasured items are lost or are “traded” with peers. Hurt feelings and misunderstandings are the result. Therefore, we cannot permit trading of cards/toys in school. We also discourage children from bringing valuable toys to school. (This includes all electronics.) Please don’t hesitate to call if you have any questions.

**Kindergarten Registration:** Kindergarten registration will take place **February 6-10, 2017**. If you have a child who is age-eligible (must be 5 years of age on or before December 1, 2017), please notify the District Office by calling 631-367-5910.

**Thank you to Mrs. Burger and our GPFA for Bubblemania!** Family Fun Night was enjoyed by all! Thank you to the parent volunteers: Tricia Avidano, Amy Bertsch, Hadley Bohn, Karlin Downes, Lindsay Gilliam, Orit Hodarkovsky, Denise Ioannou, Kristine Jacobson, Georgia Kovner, Maryann Lombardo, Shauna Leopardi, Christine Ostrower, Allison Standerwick, Alexis Whelan, Katie Zarboutis.

### GPFA Updates

**CSH SEPTA presents a workshop by the Thinking Caps Group -- Executive Functioning Unwrapped: How to Succeed in the Classroom**

If your child is struggling with time management, organization, working memory and/or task initiation, we have strategies you can implement in your home to help them improve. In this workshop you will learn what study and executive functioning skills are crucial to academic success at all levels.

**Tuesday, February 7, 2017**

**9:30 – 10:30 AM**

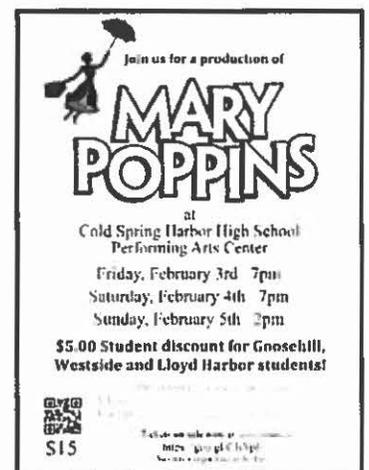
**Goosehill Community Room**

**RSVP is required by Friday 2/3 -- email us at [cshsepta@yahoo.com](mailto:cshsepta@yahoo.com)**

### Mary Poppins

Please consider bringing your family to a performance of Mary Poppins at our very own High School! The children will certainly enjoy this show. What a great way for them to see what is possible when they become involved at school!

There are three performances this weekend: Friday and Saturday evenings at 7 p.m. and Sunday at 2 p.m.





Join us for a production of

# MARY POPPINS

at

Cold Spring Harbor High School  
Performing Arts Center

Friday, February 3rd 7pm

Saturday, February 4th 7pm

Sunday, February 5th 2pm

**\$5.00 Student discount for Goosehill,  
Westside and Lloyd Harbor students!**

~Please bring this coupon with you~



School: \_\_\_\_\_

Teacher: \_\_\_\_\_ Grade \_\_\_\_\_

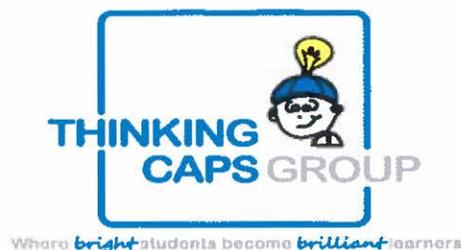
**\$15**

Tickets **on sale now** at: (case-sensitive)

<https://goo.gl/CJsYp6>

You may also purchase at the door.

Cold Spring Harbor SEPTA presents a workshop by:



Executive Functioning Unwrapped:  
How to Succeed in the Classroom  
Tuesday, February 7<sup>th</sup> 2016  
9:30 – 10:30 AM  
Goosehill Community Room

RSVP is required by Friday 2/3 – Email us at [cshsepta@yahoo.com](mailto:cshsepta@yahoo.com)

*Executive functioning* is this year's buzzword. What are executive functioning skills? Why do they matter? And how can your child better develop them?

This workshop, presented by *Thinking Caps Group*, will discuss what study and executive functioning skills are crucial to academic success at all levels.

If your child is struggling with time management, organization, working memory and/or task initiation, we have strategies you can implement in your home to help them improve.

Thinking Caps Group is a comprehensive in-home academic support company serving LI and NYC. We provide Study Skills Coaching, Test Prep, and Subject Tutoring services for students with a range of difficulties and learning differences.

Come learn hands on ways to foster academic success for your child.

**For Kids & Teens! Programs from Cold Spring Harbor Library's Youth Services Department. Registration Required!**

**COLD SPRING HARBOR LIBRARY  
STUDY BUDDIES HOMEWORK CLUB**



For students in grades 3-6  
Wednesdays, 3:30 p.m. - 6:00 p.m.  
Thursdays, 4:30 p.m. - 6:30 p.m.  
January 11 - February 16



Teen volunteers will give support, assistance, and encouragement to students in 3<sup>rd</sup> through 6<sup>th</sup> grade.

**Register Today!**

Please visit us online at [www.cshlibrary.org](http://www.cshlibrary.org) or call us at 631-692-6820 to register



**Snowey Pinecone Owls**  
Wednesday, January 25, 4:30 p.m.  
For children in grades K-2  
Learn COOL facts about this arctic bird and Create your very own snowy owl using a pinecone.  
Registration required.

**Rocket Science**  
Thursday, January 26, 4:30 p.m.  
For children in grades 3-5  
Explore the science involved in rocket construction as you build your own "Mad Science Skyblazer II Rocket" that you can take home.  
Registration required.



**TEEN & In-beTWEEN PROGRAMS**

**Stop Motion Video Workshops**

Wednesdays, January 18-February 8  
7:00 p.m.



For kids in grades 5-12

Come learn how to create a storyboard and characters for your very own stop motion video. Learn about the different aspects of video editing including taking pictures, editing, and video.

**Registration is required. Please visit us online at [www.cshlibrary.org](http://www.cshlibrary.org) or call us at 631-692-6820 to register**

**Hot Chocolate Fudge**

Thursday, January 26, 7:00pm  
For kids in grades 5-12



Make delicious "hot chocolate" fudge to take home and enjoy.

Registration is required. Please visit us online at [www.cshlibrary.org](http://www.cshlibrary.org) or call us at 631-692-6820 to register.

For more information about any Kids or Teen Programs, contact a Youth Services Librarian at the Cold Spring Harbor Library - 631-692-6820

# We will be "Freezin' for a Reason" at the 4th Annual Town of Oyster Bay Polar Plunge



**Special Olympics**  
New York

**Saturday, March 18, 2017**  
**TOBAY Beach, Ocean Parkway**

**Check-in between 9:30 - 11:00 am**  
**PLUNGE at 11:30am**



Last year over **400** Plungers braved the chilly waters while hundreds of spectators watched on. Help raise money for the athletes of Special Olympics New York by asking your friends, family, co-workers, etc. to support you in taking the PLUNGE! **Every Plunger that raises \$150 receives an official Plunge sweatshirt.....** raise more money and receive more great prizes!

**TOO CHICKEN TO PLUNGE**  
**JOIN THE CHICKEN COOP!**



### How do I get started?

Log onto [www.polarplungeNY.org/tobay](http://www.polarplungeNY.org/tobay) and click the Register Here button. You can start a team, join a team or join as an individual. Set up your Personal Plunge Page and you are on your way to "Freezin' for a Reason!" Check out the site or Facebook page for more great information about team building and fundraising ideas!



### Did you know?

Special Olympics New York has **67,162 athletes** training and competing year-round in 22 Olympics-style sports. Our athletes and their families or caregivers are **NEVER CHARGED** to participate! Set your Plunge goal at \$400 and you have sponsored an athlete for an entire season!



**Sign up today! [www.polarplungeNY.org/tobay](http://www.polarplungeNY.org/tobay)**  
**[facebook.com/SONYpolarplungeTOBAY](https://www.facebook.com/SONYpolarplungeTOBAY)**

Contact Information: Jennifer Cantone at [jeantone@nyso.org](mailto:jeantone@nyso.org) or 631.254.1465 ext. 4204

\*THE DISTRIBUTION OF THIS FLYER IS A COURTESY EXTENDED BY THE SCHOOL DISTRICT. THESE PROGRAMS ARE NOT SPONSORED BY THE SCHOOL DISTRICT, NOR DOES THE SCHOOL DISTRICT ACCEPT RESPONSIBILITY FOR ANY OF THESE ACTIVITIES\*

# Nassau Athletic and Activity Programs, Inc. (NAAP)

A 501c3 Non-Profit Organization

## Winter/Spring 2017 Registration for All Programs!

(K-3) (4<sup>th</sup>-9<sup>th</sup>) (9<sup>th</sup>-12<sup>th</sup>) (Parents and Other Adults)

### Self Defense (Grades K-5)

Location: Zanshin Self Defense

334 Jackson Avenue, Syosset, NY 11791

Saturdays: 2:30pm-3:15pm

Session 3: Feb 11, 18; March 4, 11, 18, 25; April 1, 8

Session 4: April 22, 29; May 6, 13, 20; June 3, 10

No Uniform Needed!

\$140 for 8 (45) minute group lessons



### Tennis Lessons (Grades K-3, 4-9, 9-12, Parents/Adults)

Location: Jericho-Westbury Indoor Tennis

44 Jericho Turnpike, Jericho, NY 11753

Fridays: Session 4: Feb 17; March 3, 10, 17, 24, 31

Session 5: April 7, 21, 28; May 5, 12, 19

(K-9 are all 7pm-8pm) (9-12 & Parents/Adults are all 8pm-9pm)

Saturdays: Session 4: March 4, 11, 18, 25; April 1, 8

Session 5: April 22, 29; May 6, 13, 20; June 3

(K-3<sup>rd</sup>: 12pm-1pm, 1pm-2pm, 2pm-3pm, 3pm-4pm)

(4<sup>th</sup>-9<sup>th</sup>: 3pm-4pm, 4pm-5pm; 9<sup>th</sup>-12<sup>th</sup>: 5pm-6pm)

Sundays: Session 4: Feb 19; March 5, 12, 19, 26; April 2

Session 5: April 9, 23, 30; May 7, 14, 21

(K-3<sup>rd</sup>: 3pm-4pm, 4pm-5pm) (4<sup>th</sup>-9<sup>th</sup>: 3pm-4pm, 4pm-5pm) (9<sup>th</sup>-12<sup>th</sup>: 5pm-6pm, 6pm-7pm)

\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!

### Tennis Lessons \*\*Small Groups\*\*

Location: Jericho-Westbury Indoor Tennis

44 Jericho Turnpike, Jericho, NY 11753

Session 4: March 5, 12, 19, 26; April 2, 9

Session 5: April 23, 30; May 7, 14, 21; June 4

(K-3<sup>rd</sup>: 5pm-6pm) (4<sup>th</sup>-9<sup>th</sup>: 5pm-6pm)(9<sup>th</sup>-12<sup>th</sup>: 5pm-6pm) (Parents/Adults: 5pm-6pm)

*Beginners:* \$250 for 6 (1) hour group lessons (must have 4 and only 4 students)

Or

*Make Your Own Group:* \$250 for 6 (1) hour group lessons (must have 4 and only 4 students)



**Tennis Lessons (K-3<sup>rd</sup> & 4<sup>th</sup>-9<sup>th</sup>)**

**Location: Glen Head Racquet Club**  
**95 Glen Head Road, Glen Head, NY 11545**  
**5:00pm-6:00pm**

**Saturdays: Session 4: March 18, 25; April 1, 8, 22, 29**  
**Session 5: May 6, 13, 20; June 3, 10, 17**

**Sundays: Session 4: March 12, 19, 26; April 2, 9, 23**  
**Session 5: April 30; May 7, 14, 21; June 4, 11**

**\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!**

**Tennis Lessons (K-3<sup>rd</sup>, 4<sup>th</sup>-9<sup>th</sup>, 9<sup>th</sup>-12<sup>th</sup>)**

**Location: SporTime Roslyn (\*\*NEW LOCATON!\*\*)**  
**1 Landing Road, Roslyn, NY 11576**  
**3:00pm-4:00pm or 4:00pm-5:00pm**

**Sundays: Session 3: March 5, 12, 19, 26; April 2, 9**  
**Session 4: April 23, 30; May 7, 14, 21; June 4**

**\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!**

**Register for ALL Programs at one of the Following Locations and Dates:****Jericho-Westbury Indoor Tennis**

**44 Jericho Turnpike, Jericho, NY 11753**  
**February 3, 6, 8, 10, 13, 15, 17 from 6:30pm-7:30pm**  
**February 4, 5, 11, 12, 18 from 1:00pm-3:00pm**

**Glen Head Racquet Club**

**95 Glen Head Road, Glen Head, NY 11545**  
**February 2, 9, 14, 16 from 6:30pm-7:30pm**



**For Further Information, Contact Jim Collins at (516) 384-5751**

**\*No Credit Cards Accepted\***

**All Programs Continue Through the Entire School Year, and into the Summer Months!!!**



Please visit us on Facebook: [www.Facebook.com/NAAPInc](http://www.Facebook.com/NAAPInc)

This flyer is being shared for your information only, and in no way implies any connection with, or endorsement by Cold Spring Harbor School District.

You are invited to

*Staff & Students*  
*Winter Music Night*

Presented By  
CSH Arts Booster Club

**Wednesday February 15th, 7pm**

Junior/Senior CSHS Cafe B  
Light Refreshments Served

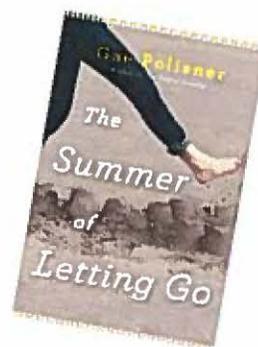
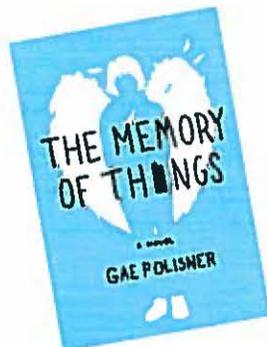


Suggested Donation \$20 at the Door  
RSVP [Artsboosterclub@gmail.com](mailto:Artsboosterclub@gmail.com)

Cold Spring Harbor Library  
presents

# WRITERS WORKSHOP & AUTHOR VISIT

Thursday, February 16, 7:00 p.m.  
FOR TEENS IN GRADES 7-12



Join Gae Polisner, author of  
The Memory of Things and The  
Summer of Letting Go, for this  
special writer's workshop.



95 Harbor Road, Cold Spring Harbor, NY 11724

631.692.6820

[www.cshlibrary.org](http://www.cshlibrary.org)

Download our CSH Mobile APP

SIGNATURE EVENTS

# COUNCILWOMAN SUSAN A. BERLAND

AND THE HUNTINGTON YOUTH COUNCIL

PRESENT THE ANNUAL

## “SPORTS SWAP”



**DIX HILLS ICE RINK**  
**575 VANDERBILT PARKWAY**  
**SATURDAY, MARCH 11<sup>TH</sup>, 2017**  
**2:00 P.M. — 4:00 P.M.**

**BRING YOUR GENTLY USED HOCKEY, FIGURE SKATING, BASEBALL, LACROSSE AND SOCCER EQUIPMENT TO THE OFFICIAL DROP-OFF BOX AT THE DIX HILLS ICE RINK FROM FEBRUARY 25<sup>TH</sup> to MARCH 10<sup>TH</sup> TO RECEIVE A VOUCHER FOR EACH ITEM DONATED.**

**BRING YOUR VOUCHER TO THE ICE RINK ON SATURDAY, MARCH 11<sup>TH</sup> TO SHOP, SWAP AND SOCIALIZE WITH FELLOW HUNTINGTON RESIDENTS!**

Residents unable to donate equipment can still shop for any equipment by donating \$5.00 for each item purchased.  
 The Council will be donating all proceeds to a  
 Town of Huntington charity.

- |  |                  |                  |                  |             |                   |   |
|--|------------------|------------------|------------------|-------------|-------------------|---|
|  | Mark Cuthbertson | Susan A. Berland | Frank P. Petrone | Eugene Cook | Tracey A. Edwards |  |
|  | Councilman       | Councilwoman     | Supervisor       | Councilman  | Councilwoman      |   |