



Goosehill Primary School

Weekly Notes-January 27, 2017



Dear Parents,

Our teachers engage their students in lessons about physical and emotional health and wellness through our SEL Program (**RULER**) and our Health Program (**The Great Body Shop**). Mrs. Fuller, our school social worker, does lessons in each classroom twice a month in support of what the children are learning from their classroom teacher, as well as our school psychologist, Mrs. Schmid. The current unit of study in the Great Body Shop focuses on personal space and safety, privacy, and respecting our bodies.

In our work with children, we use an image to help them understand the concept of personal space. You may have heard your child refer to personal space as a “bubble” or heard him/her say (if someone hit or poked him/her), “*S/he popped my bubble!*” Using that language, we are helping children understand that a person has a right to feel his/her personal space is protected and his/her body is respected. If someone invades that space or hurts them in any way, our students are learning to give “I messages” in a strong voice: “*I don't like when you push me. Please stop.*”

In our lessons on personal safety, we teach the children the phrase, “*My body belongs to me.*” We explain that everyone’s body is special. The human body has many amazing parts that do important jobs. We teach children that certain parts of their bodies are *theirs alone*—that means they are *private*. We define private parts of the body as being the areas that are covered by a bathing suit. We continue to emphasize to the children that they have the right to personal space and to feel their body is safe and respected. Next, we introduce the concept of different kinds of touches - *safe, unsafe* and *confusing* touches. **Safe touches** are those that feel good on the outside and inside. *A hug makes me feel cozy and loved.* Safe touches include hugs, pats on the back, and an arm around the shoulder. We do tell the children that there is a kind of safe touch that may not *always* feel good on the outside, but is good for them because it keeps them clean and healthy. Parents and doctors help keep children clean and healthy with safe touches when they do things like wash their hair, remove a splinter, or give a shot. **Unsafe touches** are those that are hurtful on the inside and outside. They hurt a person’s body and feelings. *A push makes me feel hurt and scared.* Unsafe touches include hitting, pushing, pinching, and kicking. **Confusing touches** are those that may feel good on the outside but not on the inside. A confusing touch may make a person feel uncomfortable. We teach our students to be assertive when someone does something that is unsafe, confusing, or makes them feel uncomfortable. They practice using a *strong body, strong voice, and strong words* to tell a person to **stop**. Finally, the children are learning the phrase, “*No, go, tell*” to remember what to do if someone touches or wants to touch or look at their private body parts. We want children to feel comfortable setting personal boundaries and to know that they can talk to trusted adults if they ever feel unsafe or uncomfortable.

Our most important message to children is they have a right to feel safe, respected, and in control of their own bodies. We hope that by sharing the content of our lessons with you, you feel even more comfortable talking with your children about what they are learning. The Great Body Shop booklets will be coming home in the next few weeks, and we encourage you to read them with your children. There is a *For Parents* section on the back to provide you with additional information.

As always, please do not hesitate to call if you have any questions.

To our families celebrating the Chinese Lunar New Year, we wish you peace and good luck in the coming year! Enjoy your family and festivities this weekend!

Warm regards,

Lynn Herschlein



TABLE OF CONTENTS

(notices you can access at our website and read/print from home)

<u>Item</u>	<u>Page #</u>
CSH High School Production of Mary Poppins.....	3
SEPTA Workshop – “Executive Functioning Unwrapped” 2/7 @ 9:30.....	4
Cold Spring Harbor Library Programs.....	5-6
Town of Oyster Bay Polar Plunge to benefit Special Olympics.....	7
Nassau Athletic & Activities Programs Registration Info.....	8-9
CSHCD Policy Committee meeting of Feb. 3 rd	10

Important Dates

February 1- Dental Health Presentations

February 2- First Grade Family Fun Night 6:00 p.m.

February 7- SEPTA Presents—Executive Functioning Unwrapped

February 8 - GPFA Meeting- Our Occupational Therapist, Mrs. Lawson, will speak about fine motor skill development/handwriting, children’s sensory needs, and ways to support your children at home.

February 16- Kindergarten 100th Day Concert 9:30 a.m.

2/20 - 2/24 Mid-Winter Recess

Kindergarten Registration: Kindergarten registration will take place **February 6-10, 2017**. If you have a child who is age-eligible (must be 5 years of age on or before December 1, 2017), please notify the District Office by calling 631-367-5910.

Spirit Day

At Spirit Day yesterday, we celebrated the life of Martin Luther King, Jr. We also learned about Chinese New Year from our very own panel of experts: James Wang, Greyson Chomyonk, Andy Yang, Benjamin Jiang, and Anthony Duke. They taught us about their families’ customs and traditions and all the things they love about Chinese New Year. Thank you, boys!



If your child would like to learn more about Chinese New Year, there is an event at Planting Fields in Oyster Bay this weekend:

CELEBRATE THE CHINESE NEW YEAR AT COE HALL / LUNAR NEW YEAR OF THE ROOSTER!

\$12 Admission Fee / FREE for members and children under 12- 11:00am – 4:00pm, both days

Come to Planting Fields to celebrate the Chinese Lunar New Year. In China, the celebrations continues for 16 days. The mansion will be brilliantly decorated with red lanterns! There will be Kumquat trees and peonies on display. There will be performances and craft activities for children. Enjoy craft activities, music and eat sweet rice cakes and oranges.

Thank you!

Thank you to Mrs. Burger for arranging for the Magic of Alexo! Family Fun Night was enjoyed by all! We look forward to First Grade Family Fun Night next Thursday.



GPFA Updates

CSH SEPTA presents a workshop by the Thinking Caps Group –

Executive Functioning Unwrapped: How to Succeed in the Classroom

If your child is struggling with time management, organization, working memory and/or task initiation, we have strategies you can implement in your home to help them improve. In this workshop you will learn what study and executive functioning skills are crucial to academic success at all levels.

Tuesday, February 7th 2016

9:30 – 10:30 AM Goosehill Community Room

RSVP is required by Friday 2/3 -- email us at cshsepta@yahoo.com



Join us for a production of

MARY POPPINS

at

Cold Spring Harbor High School
Performing Arts Center

Friday, February 3rd 7pm

Saturday, February 4th 7pm

Sunday, February 5th 2pm

**\$5.00 Student discount for Goosehill,
Westside and Lloyd Harbor students!**

~Please bring this coupon with you~



School: _____

Teacher: _____ Grade _____

\$15

Tickets **on sale now** at: (case-sensitive)

<https://goo.gl/CJsYp6>

You may also purchase at the door.

Cold Spring Harbor SEPTA presents a workshop by:



Executive Functioning Unwrapped:
How to Succeed in the Classroom
Tuesday, February 7th 2016
9:30 – 10:30 AM
Goosehill Community Room

RSVP is required by Friday 2/3 – Email us at cshsepta@yahoo.com

Executive functioning is this year's buzzword. What are executive functioning skills? Why do they matter? And how can your child better develop them?

This workshop, presented by *Thinking Caps Group*, will discuss what study and executive functioning skills are crucial to academic success at all levels.

If your child is struggling with time management, organization, working memory and/or task initiation, we have strategies you can implement in your home to help them improve.

Thinking Caps Group is a comprehensive in-home academic support company serving LI and NYC. We provide Study Skills Coaching, Test Prep, and Subject Tutoring services for students with a range of difficulties and learning differences.

Come learn hands on ways to foster academic success for your child.

For Kids & Teens! Programs from Cold Spring Harbor Library's Youth Services Department. Registration Required!



VALENTINE VOTIVES
Wednesday, February 1 @ 4:30 p.m.
For children in grades 3-6
Decorate a beautiful votive jar for Valentine's Day.
Registration Required



SUPERBOWL FOAM FINGER
Friday, February 2 @ 4:30 pm
For children in grades K-6
Decorate a foam finger and cheer for your team. **Registration Re-**



VALENTINE DAY CARDS
Friday, January 3 @ 3:30 pm
For children of all ages
Create homemade Valentine's Day cards to give to your loved ones! **Registration required.**

TEEN & IN BETWEEN
FOR STUDENTS IN GRADES 5-12

TIBT STOP MOTION VIDEO
WEDNESDAY, February 1st at 7:00 p.m.
Come learn how to create a storyboard and characters for your very own stop motion video. Learn about the different aspects of video editing including taking pictures, editing, and video.



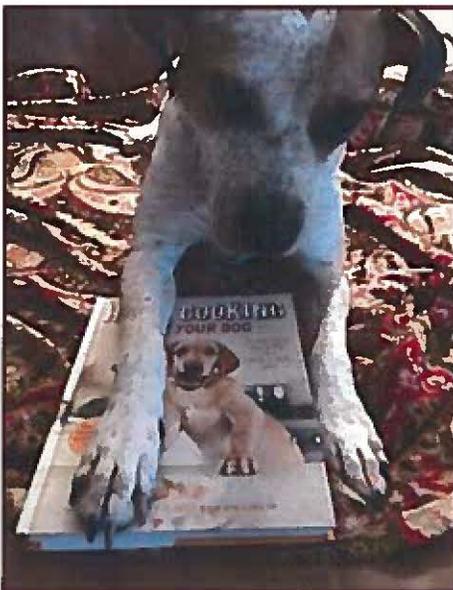
FOOTBALL PIZZA
Thursday, February 2nd at 7:00 p.m.

Make these adorable footballs with pizza dough, stuff with cheese, take home and bake.

Registration is required. Please visit us online at www.cshlibrary.org or call us at 631-692-6820 to register.

For more information about any Kids or Teen Programs, contact a Youth Services Librarian at the Cold Spring Harbor Library - 631-692-6820

Programs and Services from the Information Services Department



Home Cooking for Your Dog & Cat
Thursday, February 2 at 6:30pm

Learn how fun and easy it is to make your own pet food and treats from Christine M. Filardi, certified canine and feline nutritionist & author of *Home Cooking for Your Dog*.

This program is free and **open to all 14 and older.** Advance registration is requested.

For more information about any Adult Program, contact Information Services at the Cold Spring Harbor Library at 631-692-6820.

For Kids & Teens! Programs from Cold Spring Harbor Library's Youth Services Department. Registration Required!

**COLD SPRING HARBOR LIBRARY
STUDY BUDDIES HOMEWORK CLUB**



For students in grades 3-6
Wednesdays, 3:30 p.m. - 6:00 p.m.
Thursdays, 4:30 p.m. - 6:30 p.m.
January 11 - February 16



Teen volunteers will give support, assistance, and encouragement to students in 3rd through 6th grade.

Register Today!

Please visit us online at www.cshlibrary.org or call us at 631-692-6820 to register



Snowey Pinecone Owls
Wednesday, January 25, 4:30 p.m.
For children in grades K-2
Learn COOL facts about this arctic bird and Create your very own snowy owl using a pinecone.
Registration required.

Rocket Science
Thursday, January 26, 4:30 p.m.
For children in grades 3-5
Explore the science involved in rocket construction as you build your own "Mad Science Skyblazer II Rocket" that you can take home.
Registration required.



TEEN & In-beTWEEN PROGRAMS

**Stop Motion
Video Workshops**

Wednesdays, January 18-February 8
7:00 p.m.



For kids in grades 5-12

Come learn how to create a storyboard and characters for your very own stop motion video. Learn about the different aspects of video editing including taking pictures, editing, and video.

Registration is required. Please visit us online at www.cshlibrary.org or call us at 631-692-6820 to register

Hot Chocolate Fudge

Thursday, January 26, 7:00pm
For kids in grades 5-12



Make delicious "hot chocolate" fudge to take home and enjoy.

Registration is required. Please visit us online at www.cshlibrary.org or call us at 631-692-6820 to register.

For more information about any Kids or Teen Programs, contact a Youth Services Librarian at the Cold Spring Harbor Library - 631-692-6820

We will be "Freezin' for a Reason" at the 4th Annual Town of Oyster Bay Polar Plunge



Special Olympics
New York

Saturday, March 18, 2017
TOBAY Beach, Ocean Parkway

Check-in between 9:30 - 11:00 am

PLUNGE at 11:30am



Last year over **400** Plungers braved the chilly waters while hundreds of spectators watched on. Help raise money for the athletes of Special Olympics New York by asking your friends, family, co-workers, etc. to support you in taking the PLUNGE! **Every Plunger that raises \$150 receives an official Plunge sweatshirt.....** raise more money and receive more great prizes!

**TOO CHICKEN TO PLUNGE
JOIN THE CHICKEN COOP!**



How do I get started?

Log onto www.polarplungeNY.org/tobay and click the **Register Here** button. You can start a team, join a team or join as an individual. Set up your Personal Plunge Page and you are on your way to "Freezin' for a Reason!" Check out the site or Facebook page for more great information about team building and fundraising ideas!



Did you know?

Special Olympics New York has **67,162 athletes** training and competing year-round in 22 Olympics-style sports. Our athletes and their families or caregivers are **NEVER CHARGED** to participate! Set your Plunge goal at \$400 and you have sponsored an athlete for an entire season!



Sign up today! www.polarplungeNY.org/tobay

facebook.com/SONYpolarplungeTOBAY

Contact Information: Jennifer Cantone at jeantone@nysp.org or 631.254.1465 ext. 4204

THE DISTRIBUTION OF THIS FLYER IS A COURTESY EXTENDED BY THE SCHOOL DISTRICT. THESE PROGRAMS ARE NOT SPONSORED BY THE SCHOOL DISTRICT. NOR DOES THE SCHOOL DISTRICT ACCEPT RESPONSIBILITY FOR ANY OF THESE ACTIVITIES

Nassau Athletic and Activity Programs, Inc. (NAAP)

A 501c3 Non-Profit Organization

Winter/Spring 2017 Registration for All Programs!

(K-3) (4th-9th) (9th-12th) (Parents and Other Adults)



Self Defense (Grades K-5)

Location: Zanshin Self Defense

334 Jackson Avenue, Syosset, NY 11791

Saturdays: 2:30pm-3:15pm

Session 3: Feb 11, 18; March 4, 11, 18, 25; April 1, 8

Session 4: April 22, 29; May 6, 13, 20; June 3, 10

No Uniform Needed!

\$140 for 8 (45) minute group lessons



Tennis Lessons (Grades K-3, 4-9, 9-12, Parents/Adults)

Location: Jericho-Westbury Indoor Tennis

44 Jericho Turnpike, Jericho, NY 11753

Fridays: Session 4: Feb 17; March 3, 10, 17, 24, 31

Session 5: April 7, 21, 28; May 5, 12, 19

(K-9 are all 7pm-8pm) (9-12 & Parents/Adults are all 8pm-9pm)

Saturdays: Session 4: March 4, 11, 18, 25; April 1, 8

Session 5: April 22, 29; May 6, 13, 20; June 3

(K-3rd: 12pm-1pm, 1pm-2pm, 2pm-3pm, 3pm-4pm)

(4th-9th: 3pm-4pm, 4pm-5pm; 9th-12th: 5pm-6pm)

Sundays: Session 4: Feb 19; March 5, 12, 19, 26; April 2

Session 5: April 9, 23, 30; May 7, 14, 21

(K-3rd: 3pm-4pm, 4pm-5pm) (4th-9th: 3pm-4pm, 4pm-5pm) (9th-12th: 5pm-6pm, 6pm-7pm)

\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!

Tennis Lessons **Small Groups**

Location: Jericho-Westbury Indoor Tennis

44 Jericho Turnpike, Jericho, NY 11753

Session 4: March 5, 12, 19, 26; April 2, 9

Session 5: April 23, 30; May 7, 14, 21; June 4

(K-3rd: 5pm-6pm) (4th-9th: 5pm-6pm) (9th-12th: 5pm-6pm) (Parents/Adults: 5pm-6pm)

Beginners: \$250 for 6 (1) hour group lessons (must have 4 and only 4 students)

Or

Make Your Own Group: \$250 for 6 (1) hour group lessons (must have 4 and only 4 students)



Tennis Lessons (K-3rd & 4th-9th)

**Location: Glen Head Racquet Club
95 Glen Head Road, Glen Head, NY 11545
5:00pm-6:00pm**

**Saturdays: Session 4: March 18, 25; April 1, 8, 22, 29
Session 5: May 6, 13, 20; June 3, 10, 17**

**Sundays: Session 4: March 12, 19, 26; April 2, 9, 23
Session 5: April 30; May 7, 14, 21; June 4, 11**

\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!



Tennis Lessons (K-3rd, 4th-9th, 9th-12th)

Location: SporTime Roslyn (NEW LOCATON!**)
1 Landing Road, Roslyn, NY 11576
3:00pm-4:00pm or 4:00pm-5:00pm**

**Sundays: Session 3: March 5, 12, 19, 26; April 2, 9
Session 4: April 23, 30; May 7, 14, 21; June 4**

\$160 for 6 (1) hour Group Lessons. Please sign up early, and bring your own racquet!

Register for ALL Programs at one of the Following Locations and Dates:

**Jericho-Westbury Indoor Tennis
44 Jericho Turnpike, Jericho, NY 11753
February 3, 6, 8, 10, 13, 15, 17 from 6:30pm-7:30pm
February 4, 5, 11, 12, 18 from 1:00pm-3:00pm**

**Glen Head Racquet Club
95 Glen Head Road, Glen Head, NY 11545
February 2, 9, 14, 16 from 6:30pm-7:30pm**



**For Further Information, Contact Jim Collins at (516) 384-5751
*No Credit Cards Accepted***

All Programs Continue Through the Entire School Year, and into the Summer Months!!!



Please visit us on Facebook: www.Facebook.com/NAAPInc

This flyer is being shared for your information only, and in no way implies any connection with, or endorsement by Cold Spring Harbor School District.

COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT
75 Goose Hill Road, Cold Spring Harbor, NY 11724

**** PLEASE POST ****

Please be advised that a meeting of the Cold Spring Harbor Policy Committee will take place on February 3, 2017, at 8:30 a.m. at The Francis Roberts Community Center.



William Bernhard, District Clerk