

COLD SPRING HARBOR



VOLUME 42, NUMBER 2

A REPORT ON OUR SCHOOLS

WINTER 2018



Tri-M recipients: Isabelle Alyskewycz, Charlie Arvans, William Blumin, Christine Chau, Jillian Coughlin, Timothy Coyne, Trevor Fallon, Meriah Frauwirth, Alethea Freidberg, Rachel Friedlander, Kelly Gallagher, Samuel Genser, Alexander Grey, Alexander Hastava, Shelby Herling, Kyle Jaspers, Wendy Logan, Kristina Marino, Joseph Massa, Peter Panagi, Madeline Richmond, Sergio Rodriguez, Raffi Sanna, Harlan Smyth, Nicholas Suter, Henry Tsekerides, Alexander Wang, and Sophia Wasserman.

Tri-M

Music Honor Society

The 10th annual induction ceremony for the Tri-M Music Honor Society was held at the CSH Public Library on Oct 17th. Tri-M is a program of the National Association for Music Education, dedicated to the advancement of music education. The three M's stand for *Modern Music Masters*; the criteria to be inducted into this Honor Society involve a four-year commitment to scholarship, character, cooperation, leadership, and service. Dr. Marullo congratulated 28 talented seniors who were recognized for their achievement. This is the largest group inducted in the 10-year history at CSH! Thank you to K-12 Music Coordinator, Brent Chiarello, and Tri-M Advisor, Dr. Matthew Marullo, for a beautiful ceremony. □



Art Honor Society

The First Annual National Art Honor Society Induction was held on October 11th to the delight and pride of Art Department Chair, Ms. Christine Oswald, and the entire district art department! Congratulations to the 14 juniors and 12 seniors, who recited the official pledge as members, *"I will in my life, to the best of my ability through my talents in art, help to create a more beautiful world for myself, for humankind, and for all living things."* Ms. Oswald invited longtime former art teacher, Mr. Howard Nepo, as the guest speaker. Beautiful words of encouragement and pride were shared, and he was honored to be here for this very special "first" at CSH Senior High School. Congratulations to all 26 students who received this outstanding honor. □

Shore Road Preserve

Lloyd Harbor: 6th grade science classes went on a field trip to the Shore Road Nature Preserve on October 15th to study the effects of pollution on our aquifer. The *North Shore Land Alliance* program for both elementary school's science classes teaches about Long Island's aquifer and where our drinking water comes from.



(continued on page 5)

Honors . . . Honors . . . Honors . . . Honors . . . Honors . . . Honors . . . Honors . . . Honors . . .

Robotics

The CSH Cyberhawks Robotics team had a big day at the Half Hollow Hills Invitational on Saturday, October 6. The off-season competition featured 16 teams that played "FIRST PowerUp," the 2017-18 season game in which each robot picked up power cubes and delivered them to a high scale, low switch or vault to earn points. Our own Cyberhawks were selected for the playoffs and joined 3 other high schools in an elimination tournament. The Cyberhawks' alliance of 4 won the whole event! This was a great opportunity for some of our new student leaders to experience the engineering, strategy and teamwork required to be successful in robotics events. Congratulations to the Cyberhawks! □

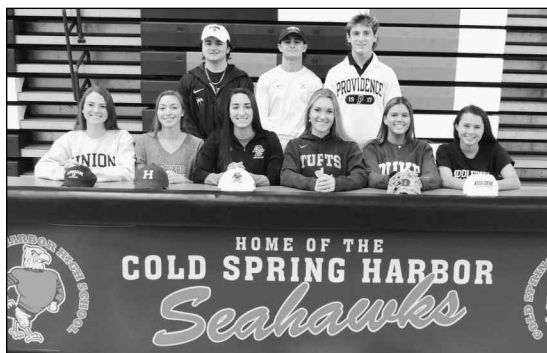


CSH Educational Foundation Donation: At the November Board of Education meeting, the Board accepted the very generous donation from the Foundation in the amount of \$20,800 for the Senior High School Robotics program. □

National Letters of Intent

Athletic commitments

Congratulations to the following student-athletes who signed their 2018 National Letters of Intent (NLI) in November, which is a binding agreement between the student and the college. This is quite an honor, and CSHHS had five (5) athletes who earned this recognition: Caroline DeBellis – Duke (Lacrosse), Sophia Taglich – Boston College (Lacrosse), Ray Costa – University of Virginia (Wrestling), Theo Farynick – Richmond (Baseball), and Danny Striano – Providence (Lacrosse). The following three student-athletes will also be continuing their athletic careers at the Division III level: Brynne Rush – Union (Soccer), Nicole Mormile – Middlebury (Lacrosse), and Caroline Walter – Tufts (Lacrosse). In addition, CSH has an IVY league college athletic commitment, Emily Berlinghof – Harvard (Field Hockey). Athletic Director, Michael Bongino, congratulated the student-athletes, along with their coaches, Danielle Castellane (Girls Lacrosse), Jamie Ackerman (Field Hockey), Ryan Towers (Girls Soccer), Dennis Bonn and Christian Lynch (Boys Lacrosse), Rich Greeney (Baseball) and Mike Ferrugiari (Wrestling & Boys Lacrosse). Best of luck to all of these committed college athletes next year! □



Nobel Prize Luncheon

The high school is privileged to continue collaborations with our esteemed neighbors at CSH Laboratory. On October 19, six students from the Advanced Science Research Program attended CSH Laboratory for sessions on *The Origin of the Organelle and Complex I: From Structure to Disease at the "The Evolving Concept of Mitochondria: From Symbiotic Origins to Therapeutic Opportunities."* In addition to listening to eight talks by scientists from around the world, the students had lunch and discussions with Dr. Anu Suomalainen from the University of Helsinki, Finland, Ludmila Pollock, Executive Director, Library and Archives at CSHL, and Sir John Walker, 1997 Nobel Prize winner in Chemistry. Dr. Suomalainen urged her students to "Never stop seeking answers to their questions". While Sir Walker urged them to always "Stay curious about the world they live in." Thank you to Director of STEM, Meridyth Hansen, and Advanced Science Research teacher, Jaak Raudsepp, for organizing these exceptional opportunities for our students. □

Speech and Debate Tournament

Honors: Congratulations to senior (and Speech Captain), **Dana Drogin**, who won second place in Oral Interpretation in Roslyn in November, and to Freshman, **Thomas Tsekerides**, for winning second place in JV Oral Interpretation at Molloy College. Both of these students were coached by Speech Coach, Ms. Jeanne Glynn. Also, at the October 20th Debate tournament at Jericho H.S., sophomore **Andrew Khanin** won 5th place in J.V. Lincoln-Douglas Debate and junior teammates **Claire Weis** and **Teddy Theodoris** won 2nd place in J.V. Public Forum Debate. All five of these Speech and Debate students have earned a half-qualification for the State Championships in Speech and Debate. Dr. Andrews, Head Coach for the Speech and Debate Team, is very proud! □

Honors . . . Honors . . . Honors . . . Honors . . . Honors . . .



Student recipients: Victoria Caselnova, Daniel DiNozzi, Merri Hannity, Dominick Striano, Zabelle Bobelian, Katherina Cotel, Matthew Kopp, Margaret Nemazi, Charlie Schneider, Brooke Antolin, Megan Avallone, Lily Cope, Anna Conza, Christopher Reilly, Natalie Schnurman, Brett Drakos, Mia Naccarato, Abigail Packert, Richard Striano, Tyler Lipman, Michael Gallagher, Luke Roberts, Maxwell Franz, Carsen Kirchner, Nicolette Loeffler, Matthew LaCapra, Arnaud Lamy, Annika Lacroze, Walter Gumersell, Andrew Khanin, Alexa Morris, Sarah Kiefer, Hannah Terry.

Character Recognition Awards

Jr./Sr. High School: Recognizing good character in students is something to be celebrated. Principal, Dr. Jim Bolen, shared, *“I absolutely love this award ceremony which focuses on core values. This is the best thing I get to do as principal, to recognize students going above and beyond, all of whom underestimate the influences and impact they have on others. I couldn’t be prouder.”* Parents and family members were invited to hear faculty share heartfelt stories about each student who best exemplify specific attributes selected for that quarter of the school year. The goal is to help promote a positive school environment essential to the healthy development of young adults, and to recognize role models. This quarter 33 students (the largest group ever!) were recognized for the attribute of *respect*. Congratulations to all! □



“Junior” Natural Helpers

The Natural Helpers Program has expanded! The “Junior” Natural Helpers had its first ever meeting on Saturday, Nov. 3 from 8am-noon. These Junior High students were selected by elementary school teachers and administrators, along with current junior high staff. The purpose of this group is to help raise awareness of certain issues, spread kindness, educate peers, and include others in events and everyday happenings. Students learn about school resources in order to be able to reach out to a trusted adult if they feel a student is in need. Quite an honor for this special group of students! Ms, Mauriello and Mr. Homer are the advisors for this club. The senior high Natural Helpers Program held their annual all-day orientation on Nov. 17th. □

2019-2020 School Budget Schedule

**Tuesday, January 29th
7:30 PM**

Community Budget Forum
Preliminary Discussion of the Proposed 2019-2020 Budget
Please join us for a presentation and facilitated discussion regarding the Budget Development Process and the Tax Cap

**Tuesday, February 12th
8 PM**

Regular Meeting of the Board of Education

**Tuesday, February 26th
6:30 PM**

Board of Education Budget Workshop Meeting
Budget Review: Goosehill Primary, Special Education, Technology, Athletics

**Tuesday, March 12th
8 PM**

Regular Meeting of the Board of Education

**Tuesday, March 26th
6:30 PM**

Board of Education Budget Workshop Meeting
Budget Review: Lloyd Harbor/ West Side, Jr/Sr High School, Personnel, Instructional Services Undistributed/General Support/ Transportation, Buildings & Grounds

**Tuesday, April 9th
8 PM**

Regular Meeting of the Board of Education
Adoption of Proposed Budget

**Monday, April 22nd
5 PM**

Petition due for Candidates for Board of Education

**Monday, April 29th
8 PM**

“Meet the Candidates Night”

**Tuesday, May 14th
8 PM**

Regular Meeting of the Board of Education Budget Hearing

**Tuesday, May 21st
6 AM to 10 PM**

Annual Budget Vote, Capital Reserve Vote, & Board Member Election
Ralph Whitney Field House, Jr./Sr High School

RANDOM ACTS OF KINDNESS



Kindness Rocks!

Lloyd Harbor – *The Kindness Rocks Project*: It all started with a single stone on a beach in Cape Cod and now the movement spans the globe. The Project (founded by Megan Murphy) is based on the profound truth that “one message at the right moment can change someone’s day, their outlook, and, indeed, their whole life.” These handwritten messages on stones take many forms: gratitude, affirmations, encouragement, and hope for someone to find at exactly the right time. Teacher, Ms. Wetzyl, and parent, Ms. Grossman, decided to bring the project to 5th grade last year where students painted rocks with their own messages. This October, now as 6th graders, they placed rocks in a dedicated area in the Peace Garden. Ms. O’Donnell led the 6th grade event, asking all students to reflect on how this movement shows the way to create kindness and cultivate compassion. The Kindness Rocks can be taken when you need one, shared or simply left for another one day. What a beautiful legacy to leave...and it is the student’s hope that these rocks will continue to provide random acts of kindness for many years to come. □

Rebound

The Chris Herren Story

It’s not often we find ourselves in a room where you can hear a pin drop. But, that is the contagious power and inspiration Chris Herren delivers in auditoriums around the country, spreading his harrowing story of substance abuse, addiction, near death and recovery. His Emmy nominated ESPN documentary, *Unguarded*, follows his journey through high school record-breaking games and *Sports Illustrated* features in college; drafted by the NBA Denver Nuggets in 1999 and soon after to the Boston Celtics. Yet, he told students, “*This is not my story, this is your story.*” He changed the focus to thinking about not what happened on the worst day, but what happened on that first day. That first day you decided to drink, or do drugs. And to ask yourself the most important question, “*Why?... Why am I doing this? Why am I willing to take a chance on dying?*” He wanted students to focus on that first day



because he remembered sitting in auditoriums just like this in high school, and wishing he could get out of it. He didn’t want to be lectured by some old guy. He knew he had to reach kids on a different level, and that level was starting at the beginning. “*Why are you willing to let this begin?*” He encouraged students to talk about their struggles, to stop being embarrassed by them, and to think of their younger siblings because you are their role model. Mr. Herren said, “*This talk is not about drugs, it’s about self-esteem, self-worth, confidence, the ability to share your struggles and having friends that will support you. Don’t be afraid to ask for help! Because the most terrifying thing about addiction is, you have no idea it’s coming.*” Mr. Herren said it was an honor to speak to the students and the many parents who attended both assemblies on October 16th. Dr. Bolen shared, “*Please take the time to speak with your children about today’s assembly, Mr. Herren has provided our students with much to think about.*” Thank you to our co-sponsors for this event; FOCUS, Booster Club and the CSHPTG. □

“*This is not my story,
this is your story. . . .*”

■
“*. . . the most terrifying thing
about addiction is, you have no
idea it’s coming.*”



Post it Surprise!

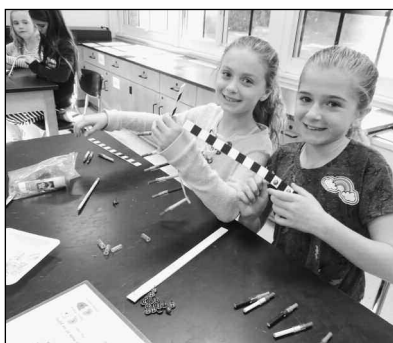
Seven years ago, a movement began, when one Post-it Note started an inspirational message revolution! It started on the mirror of a young girl who was bullied and was crumbling under the pressure of a stressful schedule. She wrote a post-it note to herself that said “You are beautiful” and stuck it on her mirror. She blogged about the positive impact that note did for her on a daily basis, and she asked others to participate. They did, by the thousands...and *Operation Beautiful* was born. Soon high school lockers were plastered with Post-it messages, as well as many other public places for strangers to find. At CSH Jr./Sr. High, the Junior class, spearheaded by Student Council, wanted to do a bonding activity to bring everyone together. Hence the Post-it project crept into the hallways in secret, and Post Its were pasted upon every locker for students to discover as they arrived the next morning for school. Not only did it look amazing to see lockers covered in Post-its, but the reactions were priceless! Thank you to the Junior Class for bringing a smile to everyone’s face that morning. What a delightful surprise! □



LLOYD HARBOR

My Double Helix

A visit by the DNA Learning Center to our 5th grade Science classes (*both at West Side and Lloyd Harbor*) had students participate in an investigation of the DNA double helix. They each created their very own model, under the tutelage of DNA Learning Center Educator, Mr. Thomas. Sixth grade



classes also experienced a visit from the **DNA Learning Center** with a lab activity that investigated genetic mutations through observing the various traits of fruit flies under a high-powered microscope. This kind of learning activity provides opportunities for our students to engage in real world scientific experiences and exercise higher order thinking skills. These lessons provide challenges and great enthusiasm demonstrated by our students. □



The A in STEAM

Students in Ms. Diehl's 4th grade class created 3D Political/Geographical NY State Maps.

In an effort to promote critical and *creative* thinking, students were invited into Mrs. McLam's art room to help them see and use connection between classroom learning and visual art. Students painted 3D relief mountain ranges which had previously been constructed using paper mâché. In addition to that, they used colored construction paper to create Map Keys and a Compass Rose. □

Grit – It's not easy

"If you try your hardest and still don't get what you want just believe in yourself and look for the star that you can find." These poetic words came from a third grader in Ms. Terry's class! All students read books based on a growth mindset theme and participated in a challenging math activity that built upon their multiplication skills. They encountered many struggles along the way, and discussed how they overcame their struggles with the task, and how the books inspired them. Each student was asked to write an original inspirational quote drawing from their knowledge of Lloyd Harbor School's weekly announcements *Words of Wisdom*. Now it was their turn to create their own *Words of Wisdom*. Other examples were, *"Sometimes if you really want something you need to be patient"* and *"When you are frustrated, take a break."* The culminating activity involved sharing the mini-posters they created using Google Slides. Very inspiring! □



Shore Road, cont'd

Educators teach these student groups, so they will in turn, educate others. Workshops were held both at Lloyd Harbor in the fall, and West Side in the spring by Ms. Mossey from the *L.I. Water Program* in preparation for the student field trips. Adjacent to the Shore Road Beach area, students were delighted to discover the grassland, shoreline, and life buried in the sand and under the rocks, while testing water quality and soil permeability. A highlight was discovering the abundance of the Asian Shore Crab species that have inhabited our earth, virtually unchanged, for over a billion years...and the impact invasive species have on our ecosystems. Students also found mussels, and learned that just one mussel consumes four gallons of water every day! They also held horseshoe crabs, and learned they have inhabited the earth for over 450 million years, have 10 eyes, and have blue blood which contains copper! Volunteers also explained that each day, litter finds its way to our shores, and we are grateful for the constant clean-up efforts from the *North Shore Land Alliance*. Who knew there was so much happening on our shoreline! □

Tribal Counsel

Did you know that totem poles tell a story? All over the world, totem poles are used by groups of people to tell a story about their communities. So, fifth graders at Lloyd Harbor decided to tell their story by fashioning their own unique class totem poles and tribal identities. Students were encouraged to choose traits that represent who they are. Then they worked together to choose "spirit" animals with those characteristics. This team building activity culminated with each class creating totem poles telling their story, along with clever classroom tribal names. Introducing the Conroy Crusaders, Palmer Pathfinders, and the Wetzel Warriors! □



WEST SIDE

Mangia!

West Side Garden

Sauce anyone? The West Side Garden Summer co-op continues to thrive each fall just in time to produce a bountiful selection of vegetables and herbs to make homemade spaghetti sauce for students at West Side. Parent’s sautéed pots filled with sauce for the students to sample and dip with bread and sprinkle with herbs while learning about their garden. The students take tremendous pride in knowing they grew these vegetables at their school, where parent volunteers harvest and care for the garden all summer long and enjoy the crops which even included cantaloupe this year! The line for seconds seemed to never end... Yum! ☐



My Library, My Livingroom

West Side: Library Media Specialist, Erica Fraiberg and her students are loving the new furniture set up in the library. Since the removal of four large desk-top stations (now replaced by 10 Chromebooks that tuck neatly in the corner!), students ask if they can go and read “in the Livingroom.” These third graders are focusing on curriculum this year, that asks “Where we fit into the world, from state to country to world.” Ms. Fraiberg shared, “In addition to research skills practiced in the library, students also listen to, read and reflect on global issues. For example, *A River Ran Wild*, by Lynne Cherry looks at how people polluted the Nashua River and the efforts to clean it up again. *One Plastic Bag*, by Miranda Paul, touches upon the effects of discarded plastic bags. *The Water Princess*, by Susan Verde, speaks of the hardships of getting clean drinking water. Other topics are lack of education, disabilities, discrimination, and the benefits of planting trees.” The new “Livingroom” offers students a comfortable place to sit, relax, read, and discuss. ☐



Safety Comes First!

When it comes to science experiments in the lab, 6th graders at West Side take their work seriously, and with caution! Before plunging into unknown scientific experiments, students are taught that safety is key. Ms. DeRosa expanded upon this by having the students make posters outlining the dangers and safety to abide by in the lab. This colorful bulletin board display urges and reminds students to stay alert, observe, proceed with caution, tie back long hair, avoid loose clothing or open-toed shoes, wash hands when you leave, avoid engaging in horseplay, report spills, what to do in a fire, and to use your common sense! Sounds like good advice, thanks kids. ☐

FLES Globe maps

Third grade West Side FLES students have been learning all about the world and its continents. They practiced their Spanish speaking skills during a small group Q&A activity where they described their continents colors and names all in Spanish, while creating these fabulous globes! Thank you to FLES teacher, Ms. Sandra Rivadeneyra, who kept students busy with projects during Hispanic Heritage month celebrated in October. ☐



GOOSEHILL



Young Engineers

Goosehill engineers challenged themselves to build structures to enhance imaginary play, create games, and solve problems. One group of boys sought to design the best ramp for racing their toy cars. Looks like success! □



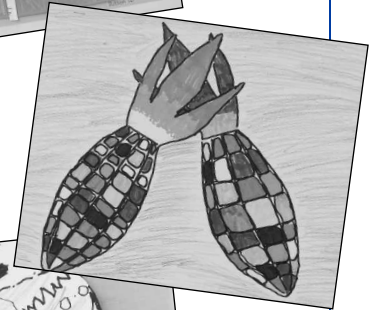
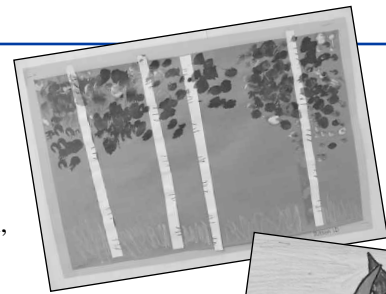
I'm not Napping!

Mindfulness Strategies: Goosehill students learn ways to self-regulate and increase focus and attention through the use of techniques such as mindful breathing. They learn to focus attention on an object to center themselves, increase awareness, and manage their behavior. □

Happy Fall

From our Goosehill Artists

Art teacher, Andria McLaughlin, had her students create a myriad of art decorating the hallways this fall, from curious cats to autumn birch trees and self-portrait hot-air balloons. Mrs. Katz' class created colorful corn husks preparing for fall harvest. Kudos to these talented artists! □



Space Stations

Goosehill students play "Space Station Knock Down" in Mr. Rory Malone's Physical Education class, where they build these creative space stations out of hoola hoops, then divide into teams to see who can knock them all down first by throwing balls and guarding their stations. Fun!



My Vote Counts

Even our youngest students take part in voting on election day, and learn that their vote counts! The whole school voted on a choice of new recess toys. Pogo sticks beat a bowling set 104 to 94! When Ms. Herschlein realized the absentee votes were never counted, she decided to order both; it was too close of a vote! Ms. Riggles' class voted on the name of their class turtle, the winning name was "Tiny." □



COLD SPRING HARBOR CENTRAL SCHOOL DISTRICT

75 Goose Hill Road
Cold Spring Harbor, N.Y. 11724

www.csh.k12.ny.us

BOARD OF EDUCATION

Ingrid Wright, President
Anthony Paolano, Vice President
Amelia Brogan
Janice Elkin
Mark Freiberg
Mark McAteer
Lizabeth Squicciarini

Robert C. Fenter
Superintendent of Schools

Karen L. Spehler, Editor
School Tax Code 123

NON PROFIT ORG.
U.S. POSTAGE PAID
PERMIT NO.4
Cold Spring Harbor, New York

ECRWSS POSTAL CUSTOMER

FOLLOW US ON SOCIAL MEDIA



FACEBOOK: Cold Spring Harbor School District and CSH Athletics "A Commitment to Excellence"
TWITTER: @CSHJrSrHS, @CSHGoosehill, @CSHLloydharbor, @CSHWestSide, @CSHathletics
YOU TUBE: CSH Hawk Talk Daily Announcements
INSTAGRAM: cshathletics

Reminder Kindergarten Registration

Please register your child the week of Feb 4-8th
If you have a child who is 5 years of age on or before December 1, 2019
Any questions, please call District Office 631-367-5910

Piñatas!

In Senora Fristensky's Spanish 4 Honors class, 11th graders had the opportunity to make their own piñatas. The interpretation of the piñata rested on the struggle of man against temptation. Originally, pinatas had seven points representing the seven deadly sins. The seasonal fruit and candy inside represented temptations, and the blindfold and stick represented faith. Nice job! □



Medical Professional Club

*Jr./Sr. High School: Members of the newly formed **Medical Professional Club** met with the Huntington Community First Aid Squad to learn about the advanced Life Support (Paramedic) vehicle, and opportunities for career and volunteer positions of a First-Aider, EMT, and Paramedic. Club Advisor, teacher and nurse, Christine Villanti, meets with the students every Monday afternoon, and currently has approximately 15 members. The goal is to invite local health care professionals and guest speakers to each meeting. Thank you to student member, Alex Hustava, for coordinating the Ambulance visit. □*



Clue

Drama CLUE! – The "whodunit" mystery stage adaptation of Clue (based on the cult classic board game), was performed by the CSH Senior High Drama Club & Arts Booster Club on October 26th – 28th at the Performing Arts Center, directed by Mr. Marc Beja. This clever mystery was a thrilling success, kudos to the entire crew!